

## "Lava Lamp" Sensory Bags

## Materials:

- Large freezer zip lock bags
- Baby oil
- Clear packing tape
- Fluorescent paint



## **Instructions:**

Fill each bag 1/4 - 1/3 full with baby oil then add 1 to 4 tablespoons of fluorescent paint. Seal the bag using clear packing tape. Squish together to mix well. You can explore different areas within your home to use your "Lava Lamp" Sensory Bag, such as: Adhere it to the wall, or next to a seating area to help maintain focus.